

## Food Security Household Dietary Diversity – FOOD GROUPS

NOTE 1: if no cluster survey, the cluster row should be deleted and the household numbers should not be pre-entered but rather entered correctly in the field

NOTE 2: adjust list to locally available foods and locally used food names

Food group consumed	Now I would like to ask you about the types of foods that you or anyone else in your HH ate yesterday during the day and at night. 1=someone in the HH ate the food 0=no-one in the HH ate the food							
Cluster number								
Household number	1	3	5	7	9	11	13	15
<b>1. Cereals:</b> Any wheat, corn, maize flour, corn soy blend, maize grain, maize meal, flour, rice or any foods made from these (e.g. bread, porridge, chapatti, anjera/kisra, ugali, mandazi, muffo, walwal)								
<b>2. White roots and tubers:</b> Any green bananas, irish/white potatoes, white cassava, arrow root or any foods made from these								
<b>3A. Vitamin A rich vegetables and tubers:</b> Any carrot, pumpkin, or white / orange fleshed sweet potato or any foods made from these								
<b>3B. Dark green leafy vegetables:</b> Any dark green leafy vegetables, amaranth, cassava leaves, kale, spinach, cowpeas leaves, sweet potato leaves or any other local wild leafy vegetables								
<b>3C. Other vegetables:</b> Any other vegetables, such as cabbage, green pepper, carrots, tomato, onion, eggplant, tomato paste, avocado, okra, sweetcorn								
<b>4A. Vitamin A rich fruits:</b> Any mango, melon, apricot, grapefruit or other vitamin A rich fruits or 100% fruit juice made from these								
<b>4B. Other fruits:</b> Any other fruits such as apple, avocados, banana, orange, coconut flesh, lemon, pineapple, courge, miwa / sugar cane, wild fruits or 100% fruit juice made from these								
<b>5A. Organ meat:</b> Any liver, kidney, heart or other organ meats or blood-based foods								
<b>5B. Flesh meat:</b> Any beef, goat, lamb, mutton, rabbit or other large wild (bush meat) or domesticated mammals (cats, dogs), chicken, camel, intestines, offal, wild or domesticated birds, lizard, grasshoppers								

<b>6. Eggs:</b> Any eggs from chicken, duck, guinea fowl, crocodile or any foods made from eggs								
<b>7. Fish and Seafood:</b> Any fresh or dried fish, smoked fish, canned fish, mudfish, tuna								
<b>8. Legumes, nuts and seeds:</b> Any dried beans, dried peas, split peas, lentils, nuts, ground nuts, cowpeas, green grams, soya beans or foods made from these (eg. hummus, peanut butter)								
<b>9. Milk and milk products:</b> Any milk, infant formula, cheese, yogurt or other milk products e.g. goat, camel, cow, fermented milk/yoghurt, powdered milk								
<b>10. Oils and fats:</b> Vegetable oil, any other cooking fat or oil, butter, ghee, fat from camel hump, margarine, oil, added to food or used for cooking								
<b>11. Sweets:</b> Any sugar, honey, sweetened soda or sweetened juice drinks, sugary foods such as candy, chocolates, cookies, sweet biscuits and cake								
<b>12. Spices, condiments and beverages:</b> Any spices (red and green pepper / salt), condiments (soy sauce, hot sauce), chili, garlic, cinnamon, ginger, cardamom, cloves, coffee, tea, alcoholic beverages, chai masala								